

WORKSHOP



PRIMARY CARE PHYSICIANS AND NURSES with interest in Global Airway Diseases

JAN 19

9am - 5pm
CET

2024



Rigshospitalet,
Copenhagen, Denmark



Faculty



Co-host
Prof. Vibeke
Backer



Co-host
Prof. Sanna
Toppila-Salmi



Co-host
Ass. Prof. Kasper
Aanaes

Workshop Objectives

- Provide a basic course in airway diseases (asthma, CRS, and allergy),
- Raise awareness of the concept of global airway diseases in relation to upper and lower airway conditions,
- Offer insights into the impact of multimorbidity/comorbidities on patients when their conditions are not well-treated or controlled,
- Identify clear evidence-based guidance for screening patients, including the use of scoring systems in global airway diseases, and determining when to refer them for both upper and lower airway conditions,
- Develop an understanding of when to refer patients to specialist settings and recognize the secondary specialists in both upper and lower airway diseases.

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Workshop Faculty



Prof. Vibeke Backer

Vibeke Backer (Chief Respiratory Physician, MD, DMSc at the Department of ENT and CFAS, Rigshospitalet, Copenhagen University) has worked with respiratory diseases since 1983 and is highly qualified in obstructive lung diseases, respiratory allergies, and lung cancer. She has performed research on asthma, allergy, inflammation, infections, and chronic rhinosinusitis, as well as tobacco consumption. She has initiated more than 100 PhD courses. Since 2014, she has been developing more than 15 masterclasses for specialists in asthma, lately within global airway diseases and allergies. Professor Backer has published more than 405 publications and has an H-index of 50.



Prof. Sanna Toppila-Salmi

Sanna Toppila-Salmi, MD, PhD, Prof., works at the University Hospital of Kuopio and the University of Eastern Finland. She also directs the Airway Research Group at the Skin and Allergy Hospital of Helsinki University Hospital and the University of Helsinki. Her research group combines epidemiology, genomics, metabolomics, and sequence analysis to identify the pathobiology of NERD, Type 2 inflammation, CRSwNP, asthma, and allergic diseases. Her lab works with human cohorts to identify risk factors, mechanisms, and potential therapies for these disorders using machine learning data science, sequencing omics approaches, and clinical trials.



Ass. Prof. Kasper Aanaes

Kasper Aanaes, MD, PhD, Adj. Prof. is a Senior Consultant Otorhinolaryngologist in the Department of Otolaryngology, Head and Neck Surgery & Audiology, and an Associate Professor at the University of Copenhagen, Denmark. He has been teaching ENT to medical students for several years. His research encompasses various aspects of chronic rhinosinusitis, ranging from patients with cystic fibrosis to those with more typical comorbidities such as asthma. In daily practice, he is an experienced sino-nasal surgeon and has integrated biological treatment into the care of patients with nasal polyps.

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- 9:00 **Welcome by Prof. Vibeke Backer**
- 9:15 – 10:00 **Basic introduction to airway symptoms of Asthma, Allergic Rhinitis, CRS, Global Airways** – Prof. Vibeke Backer
- **Intro to basic pathophysiology on type 2 inflammation and T2 diseases driven by the inflammatory pathway(s)** – Prof. Sanna Toppila-Salmi
- 10:00 – 10:40 **How to diagnose and treat chronic rhinosinusitis** – Ass. Prof. Kasper Aanaes

How to diagnose and treat asthma – Prof. Vibeke Backer
- 10:40 – 10:50 **Short Coffee Break**
- 10:50 – 11:30 **Implementing the ULANC ideas in practice**

 - Experience from the Primary Care as coordinator of these patients' GP (20 min) – Abdul Azim Azizi
 - Experience from the Secondary Care as coordinator of these patients (20 min) – Prof. Sanna Toppila-Salmi
- 11:30 – 12:30 **Plenum discussion on the recommendation's outcome from the breakout session – Group A (VB), Group B (STS) and Group C (KAS)** – Each participant joins 2 different groups of 20 minutes.

Group facilitator and discussion (discussion 30 min) – Prof. Sanna Toppila-Salmi & Ass. Prof. Dan Weinfeld (S)
- 12:30 – 13:15 **Lunch**
- 13:15 – 15:05 **Hands on crash course on: All faculty**

 1. Nasal inspection
 2. FeNO and EOS measurement
 3. Lung function measurement
 4. Smell test 16 Sniffen sticks
 5. Questionnaires of global airways
- 15:05 – 15:20 **Coffee Break**
- 15:20 – 16:00 **Treatment with monoclonal antibodies AB/CRS** – Prof. Vibeke Backer
- 16:00 – 16:45 **Case-based session of Asthma and CRS** – Prof. Vibeke Backer and Ass. Prof. Kasper Aasnaes (discussion in plenum)
- 16:45 – 17:00 Debate of the future steps | **Closure by Prof. Sanna Toppila-Salmi**