

# WORKSHOP

ULANC



## PRIMARY CARE PHYSICIANS AND NURSES

with interest in Global Airway Diseases

**JULY 1**

9am - 5pm  
CET

**2023**



Scandic CPH  
Strandpark, Denmark

### Faculty



#### Co-host

Prof. Vibeke Backer



#### Co-host

Prof. Sanna  
Toppila-Salmi



### Workshop Objectives

- Provide a Basic course in airway diseases (asthma, CRS and allergy)
- To raise awareness of the concept of global airways disease in relation to upper and lower airways diseases
- To provide insight into the impact of multimorbidity/comorbidities on patients when they are not well treated and when their conditions are not well controlled
- To identify clear guidance based on evidence on how to screen patients, including which scoring systems to use in global airways disease, and evaluate when to refer for both upper and lower airway conditions
- To build an understanding on when to refer patients to specialist settings and to know the secondary specialists within both upper and lower airway diseases



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# WORKSHOP

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### Workshop Faculty



#### **Prof. Vibeke Backer**

Vibeke Backer (Chief Respiratory Physician, MD DMSc at Department of ENT and CFAS, Rigshospitalet, Copenhagen University) has worked with respiratory diseases since 1983 and is highly qualified in obstructive lung diseases, respiratory allergy and lung cancer, has performed research in asthma, allergy, inflammation, infections and chronic rhinosinusitis as well as tobacco consumption. She has initiated more than 100 PhD courses. Since 2014 she has been developing more than 15 masterclasses for specialists in asthma, lately within global airway diseases and allergies. Professor Backer has published more than 405 publications and has an H-index of 50.



#### **Prof. Sanna Toppila-Salmi**

Sanna Toppila-Salmi, MD, PhD, Adj. Prof. is a Senior Consultant Otorhinolaryngologist, Department Chief Physician and Director of Helsinki Airway Research Group at the Skin and Allergy Hospital of the Helsinki University Hospital & University of Helsinki and Professor at The University of Eastern Finland. Her research group combines epidemiology, genomics, metabolomics and sequence analysis to identify the pathobiology of NERD, Type 2 inflammation, CRSwNP, asthma and allergic diseases. Her lab works with human cohorts to identify risk factors, mechanisms, and potential therapies for these disorders using machine learning data science, sequencing omics approaches and clinical trials.



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- 9:00 **Welcome by Prof. Vibeke Backer**
- 9:15 – 10:25 **Basic introduction to airway diseases** – Prof. Vibeke Backer
  - **Asthma** – Prof. Vibeke Backer
  - **Allergic Rhinitis** – Prof. Vibeke Backer
  - **CRS** – Prof. Sanna Toppila-Salmi
- **Crash course/intro to basic pathophysiology on type 2 inflammation and T2 diseases driven by the inflammatory pathway(s)** – Prof. Sanna Toppila-Salmi
- **Recommendation/Criteria for referral to specialist settings for GPs and collaborative working practices?** – Prof. Sanna Toppila-Salmi
- 10:25 – 10:55 **Rational for Global Airways and how to bring awareness to global airway disease symptoms** – Ass. Prof. Kasper Aanaes
- 10:55 – 11:10 **Short Coffee Break**
- 11:10 – 12:30 Implementing the ULANC ideas in practice | **Breakout session:** Discuss the experience from the Primary Care as coordinator of these patients – Prof. Leif Bjermer
- 12:30 – 13:15 **Plenum discussion on the recommendation's outcome from the breakout session** – Prof. Leif Bjermer & Prof. Vibeke Backer (By 4xGPs from each breakout rooms)
- 13:15 – 14:00 **Lunch**
- 14:00 – 16:00 **Hands on crash course on:** – Ass. Prof. Kasper Aanaes (incl. rest of the faculty)
  1. How to perform rhinoscopy endoscope (Video healthy and patients with NP)
  2. FeNO measurement
  3. Lung function measurement
  4. Smell test 16 Sniffen sticks
  5. What does your pts blood test show in case of T2 diseases
- 16:00 – 16:15 **Coffee Break**
- 16:15 – 16:45 **How to recognise Type 2 diseases** – Prof. Vibeke Backer (discussion in plenum)
- 16:45 – 17:00 Debate of the future steps | **Closure by Prof. Sanna Toppila-Salmi**



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