

17 APRIL
2026
9.00 – 16.30



Auditorium Royal Academy of Medicine,
Palais des Academies, Brussels, Belgium

HYBRID

Course Co-Directors



Dr Xander Bertels
Belgium



Dr Sophie Scheire
Belgium



Dr Catherine Shire
United Kingdom

Agenda

9.00

Welcome

Dr Bertels & Dr Scheire

9.05 – 10.30

**Demystifying chronic respiratory diseases
(5x15" lectures + 10" Q)**

Moderator: Dr Scheire & Dr Bertels

- Asthma
- COPD
- Chronic rhinosinusitis
- Respiratory allergies
- Nose-Sinuses-Lungs: One Airway

Prof Gert-Jan Braunsthal
Dr Sebastian Riemann
Prof Sven Schneider
Prof Pernilla Sahlstrand
Prof Glenis Scadding

10.30 – 11.00

Coffee Break

10.50 – 12.00

**Part 2 – Patient journey and treatment ambitions
(3x15" lectures + 15" Q)**

Moderator: Dr Shire & Mrs Winders

- From control to remission and cure
- Taking control of your health journey
- Prevention and the role of the environment

Dr Xander Bertels
Dr Sophie Scheire
Prof Glenis Scadding

12.00 – 13.00 Lunch

**13.00 – 13.45 Mastering the practical skills of treatment
(2x15" lectures with 15" Q)**

Moderator: Prof. Braunsthal & Prof. Schneider

- Optimal use of respiratory therapies (Part 1)
- Optimal use of respiratory therapies (Part 2)

Mrs Lana Hannant
Mrs Ellen Bonne

**13.45 – 14.30 Driving change as a Patient Expert
(2x15' lectures with 15' Q)**

Moderator: Prof. Sahlstrand & Prof. Schneider

- Advocating for better care: a personal story
- Taking a leadership role as a patient expert

Dr Catherine Shire
Mrs Tonya Winders

14.30 – 15.00 Coffee Break

15.00 – 16.30 Part 5 – Panel discussion with live Q&A

Moderators: Dr Bertels & Dr Scheire

Prof Gert-Jan Braunsthal
Prof Sven Schneider
Prof Pernilla Sahlstrand

Prof Glenis Scadding
Dr Sebastian Riemann
Dr Catherine Shire

Mrs Tonya Winders
Mrs Lana Hannant
Mrs Ellen Bonne

16.30 Adjourn

Dr Catherine Shire